

Creating Suicide Safety in School

A workshop for New York schools

Training Details:

Date: Multiple dates in January, February, March and April

Location: Multiple locations in all 5 boroughs

Registration Link: <https://nycdohmnoshmh.eventbrite.com>

More dates and locations to come

Who should attend?

The 6 hour workshop is for school planning teams. What the planning team looks like varies greatly from school to school- Administrators, student services personnel, counselors, nurses, social workers, health educators and community service providers associated with the school.

The workshop

We provide a model that looks at 4 basic categories of preparedness:

1. Staff preparedness – training and protocols for faculty and ancillary staff to recognize warning signs and know what they are expected to do about it.
2. Resilient students – developmentally appropriate education programming to support protection and resilience.
3. Plan for assisting a student at risk – tools, guidance and training for administrators and pupil services staff to help a student at risk by providing some preliminary risk assessment, and making effective referrals to the appropriate level of care.
4. A planned response following a suicide of a school community member.

And then two foundational supports:

- Policies, protocols and procedures
- Community/parent engagement and support

The need

Few issues that administrators face evoke as much concern as youth suicide. As this issue has gained prominence, so have the many programs being offered. Schools looking for guidance are often inundated with guide books, training programs and presenters. Sorting out how a school should be investing its limited resources can be a daunting task.



Workshop Objectives

This workshop is designed to help school personnel:

- Assess existing suicide prevention and response readiness
- Receive guidance in current best practice in school based suicide prevention
- Develop a customized implemental plan
- Access free and low cost resources

What people are saying about Creating Suicide Safety in School

“I just wanted you to know your presentation was one of the best workshops I have attended in years. Thank you so much for the outstanding workshop.”

- Jill Eklof, School Psychologist, Champlain Valley Education Center

“I just wanted to take a quick minute to thank you again for the amazing presentation. Many of the staff members here at Fox Lane Middle have been discussing your workshop since you left....that is the sign of an effective professional development course, one that sparks ideas and action. Everyone was in agreement that this was a terrific learning opportunity, albeit too short.”

- Peter Faustino, Psy.D., New York Delegate, National Association of School Psychologists

Endorsements

“The New York Association of School Psychologists proudly endorses Creating Suicide Safety in Schools. This workshop provides schools with important information about suicide, and gives educators the tools to react when they see or hear about suicide warning signs in their students. Creating Suicide Safety in Schools fulfills NYASP’s mission, which is to serve children, their families, and the school community by promoting psychological well-being, excellence in education, and sensitivity to diversity through best practices in school psychology.”

This workshop is listed in the Best Practices Registry for suicide Prevention (BPR) Section III: Adherence to Standards. The BPR is a collaborative project of the Suicide Prevention Resource Center and the American Foundation for Suicide Prevention.

About your trainer

Pat Breux, RN BSN, is the State Coordinator of School and Youth Initiatives at the Suicide Prevention Center of New York. In her role she provides training, and consultation in best practices in suicide prevention, intervention and after suicide death to schools, youth serving organizations and communities across New York State. She is a Livingworks Education certified ASIST and SafeTALK trainer. Her work has received National recognition and many awards. She is the author and developer of a National Best Practice workshop, “Creating Suicide Safety in School”.

